

By Melissa Chew

# hair news



## Get a citrus buzz

Citrus fruits like lemon and grapefruit not only make for fresh-smelling hair products, they also help deep-cleanse and revive lacklustre dye jobs.



**Phyto's Phytocitrus Vital Radiance Shampoo, \$28 and Mask, \$56,** is acid-based with grapefruit to rebalance and smooth hair shafts. Hair feels silkier and looks glossier.



**Paul Mitchell's Lemon Sage Thickening Shampoo, \$30, and Conditioner, \$32,** take away grease. You'll be left with swiny, full-bodied hair.

## For tranquil tresses

L'Oréal Professionnel's latest range – Hair Spa – aims to make luxury quick, fuss-free and affordable. We love the three-step salon treatment and its cashmere textures, calming scents and soothing massage. Here's what you'll get:

**Step 1:** Gentle cleansing with the Purifying Massage Shampoo to clear away built-up dirt and grime.

**Step 2:** A relaxing scalp massage using the Creambath and a concentrated tonic, of which there's a range for different conditions, like dandruff and stressed hair.

**Step 3:** A leave-on treatment lotion is worked into hair before blow-drying. Refreshing and cooling, it energises and continues to care for the scalp even after you step out of the salon.

**Cost:** From \$30. Available at authorised L'Oréal Professionnel salons.



## Not a lost cause

From hair-loss treatments using electro-pulses and infrared light, to shampoos that calm irritated scalps, we show you the latest ways to retain your mane.

**SVENSON'S MESO-ELIXIR HAIR THERAPY** uses electro-pulses to dilate tiny pores in the scalp, so its serum is absorbed better. Promises stronger tresses, reduced hair loss and regrowth.

**Where:** Svenson Hair Centre, #09-06 International Building, tel: 6737-8575.

**Cost:** \$2,000-\$5,000 for twice-weekly sessions over three to six months.

**IRL 2710 HAIR REGENERATION LIGHT TECHNOLOGY** is a painless low-intensity infrared laser treatment, which claims to

"wake up" hair follicles by increasing blood flow, so hair is thicker and darker.

**Where:** Atos Wellness Studio, #03-32 The Adelphi and Inahamani, #03-08 The Cathay. Call 6842-9926.

**Cost:** From \$1,605.44 for four monthly sessions.

**SIMPLY ZEN STIMULATING SHAMPOO AND SCALP LOTION** promise to balance oil secretion and resolve hair problems like dandruff and thinning over the long term.

**Where:** Komachi The Hair Cult, #21-01 Liat Towers, tel: 6836-3391.

**Cost:** \$20 for the shampoo, \$52 for the scalp lotion.



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